

BAR MENU

LUNCH

Jacket Potatoes

Served with a side salad

Plain (ve)	£3.25
Cheese (gf)	£3.95
Beans (ve, gf)	£3.95
Tuna Mayo	£4.25
Sour Cream and Salsa (v, gf)	£3.95

Salads

Served on a green salad with a balsamic dressing

Halloumi, Hummus, Sweet Chilli (v, gf)	£5.00
Falafel, Hummus, Sweet Chilli (ve, gf)	£6.00
Buttermilk Chicken, Bacon	£7.00
Tuna, Egg (gf)	£6.00

Soup of the Week	£3.95
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Served with toasted sourdough

Beans on Toast (ve)	£2.75
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BAR BITES *Any three for £10*

Add a bottle of house wine for £10

Halloumi Bites (v, gf)	£4.00
Falafel (ve, gf)	£3.50
Southern Fried Chicken	£4.00
Sweet Potato Fries (ve, gf)	£3.50
Chips (ve, gf)	£3.50
Olives, Pitta, Hummus (ve)	£4.00
Nachos (small) (v, gf)	£3.75

Nachos (v gf)	£5.50
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Topped with salsa, melted cheese, jalapeños, sour cream, and guacamole

Baguettes *(Sandwich option available)*

Served with a side salad

Bacon & Cheese	£3.50
Tuna Salad	£3.75
Ham & Cheese	£3.50
Prawn Salad	£3.95
Halloumi, Hummus, Peppers (v)	£3.95
Falafel, Hummus, Peppers (ve)	£3.95
Fish finger Sandwich	£4.00

Paninis *(Sandwich option available)*

Served with a side salad

Bacon & Cheese	£3.50
Tuna Melt	£3.75
Ham & Cheese	£3.50
Halloumi, Hummus, Peppers (v)	£3.95
Falafel, Hummus, Peppers (ve)	£3.95

Add a side of chips or sweet potato fries for only £1.50

CAKES AND SNACKS

Our range of cakes is constantly changing. Please check at the bar for our current selection.

Welsh cake (v)	£0.60
Chocolate Muffin (v)	£1.80
Raspberry & White Chocolate Muffin (v)	£1.80
Blueberry Muffin (v)	£1.80
Chocolate-covered Raisins (v, gf)	£1.50
Wasabi Peas (v)	£1.50
Crudité Pot (ve, gf)	£1.75
Sweet Pot (gf)	£1.75

**For allergen advice please ask a member of staff
Please note that food and drink from outside vendors is not permitted**



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BWYDLEN Y BAR

CINIO

Tatws trwy'u Crwyn

Wedi'i weini â salad bach

Plaen (dg, fe)	£3.25
Caws (dg)	£3.95
Ffa Pôb (dg, fe)	£3.95
Mayo a Tiwna (dg)	£4.25
Hufen sur a salsa (ll, dg)	£3.95

Saladau

Salad werdd wedi'i weini gyda blaslyn balsamig

Halloumi, Hummus, tsili melys (ll, dg)	£5.00
Falafel, Hummus, tsili melys (fe, dg)	£6.00
Cywiâr llaeth enwyn, bacwn	£7.00
Tiwna, Wÿ (dg)	£6.00

Cawl yr Wythnos

Wedi'i weini â rhól bara

Ffa Pôb ar dost (fe)	£2.75
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TAMEIDIAU'R BAR

Dewiswch unrhyw dri am £10

Ychwanegwch potel o win tŷ am £10

Tameidiau Halloumi (ll, dg)	£4.00
Falafel (fe, dg)	£3.50
Stribedi cyw iar 'southern fried'	£4.00
Sglodion tatws melys (fe, dg)	£3.50
Sglodion (fe, dg)	£3.50
Olewydd, Pitta, Hummus (fe)	£4.00
Nachos (bach) (ll, dg)	£3.75

Nachos (ll, dg)	£5.50
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Wedi'u gweini â salsa, caws wedi toddi, jalapeños, hufen sur, a guacamole

Bagéts (Opsïen o frechdan ar gael)

Wedi'i weini â salad bach

Bacwn a Chaws	£3.50
Salad tiwna	£3.75
Ham a Chaws	£3.50
Salad Corgimwch	£3.95
Halloumi, Hummus, Pupurau (ll)	£3.95
Falafel, Hummus, Pupurau (fe)	£3.95
Brechdan Bys Pysgod	£4.00

Paninis (Opsïen o frechdan ar gael)

Wedi'i weini â salad bach

Bacwn a Chaws	£3.50
Tiwna a Chaws wedi toddi	£3.75
Ham a Chaws	£3.50
Halloumi, Hummus, Pupurau (ll)	£3.95
Falafel, Hummus, Pupurau (fe)	£3.95

Ychwanegwch sglodion neu sglodion tatws melys am £1.50

BYRBRYDAU A CACENNAU

Holwch wrth y bar am ba gacennau sydd ar gael.

Cacen Gri (ll)	£0.60
Myffin Siocled (ll)	£1.80
Myffin Mafon a Siocled Gwyn (ll)	£1.80
Myffin Llus (ll)	£1.80
Raisins mewn Siocled (ll, dg)	£1.50
Pys Wasabi (ll)	£1.50
Pot Crudité (fe, dg)	£1.50
Pot Losin (dg)	£1.75

Cyngor am alergeddau ar gael gan unrhyw aelod o staff a fydd yn fwy na pharod i helpu
Nodwch nad yw bwydna diod gan gwerthwyr y tu allan yn cael ei ganiatáu



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